





















**When:** June 15 – June 19, 2020

Where: Your Home

Who: Sachem Students and Family Members

**Why:** Field Day is an important part of our school year. Everyone looks forward to this fun

day and we thought it should go on despite the present circumstances.

**How:** On Sunday, June 14th, 2020 your Physical Education teachers will post a new

CLASSWORK / ASSIGNMENT for the week of June 15th-19th.

In the CLASSWORK / ASSIGNMENT, there will be a packet to complete Family Field Day. In the packet you will find an equipment list, scoresheet, list of events, video link demonstrations for the events and a written description of the events.

During the week of June 15th, Students and their families will complete selected events and record their scores (optional). If you need more time to do events, do not worry. This is meant to be enjoyable, not stressful.

Try some events or try all the events but the most important part is to have fun!

We are very excited to bring Field Day to your home.

