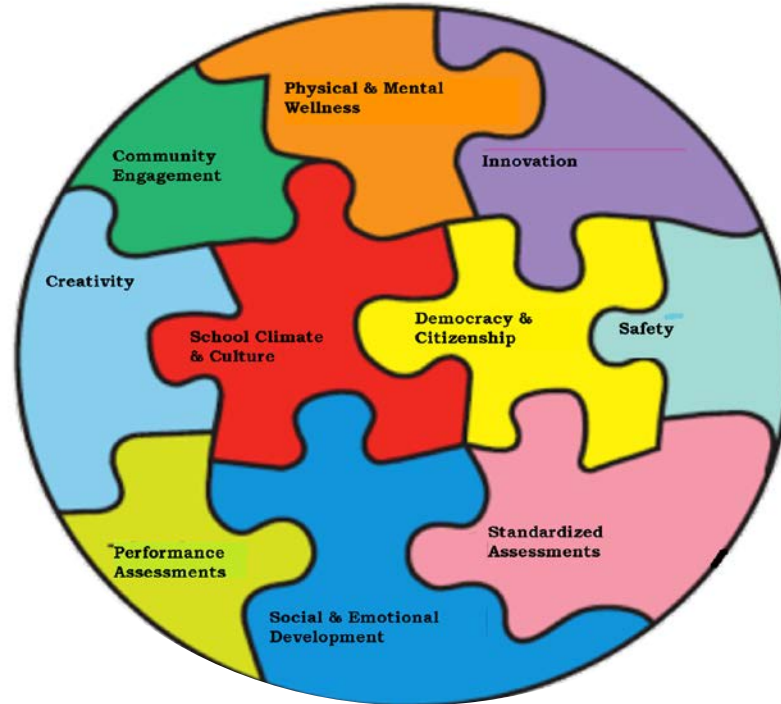




# Sachem Central School District

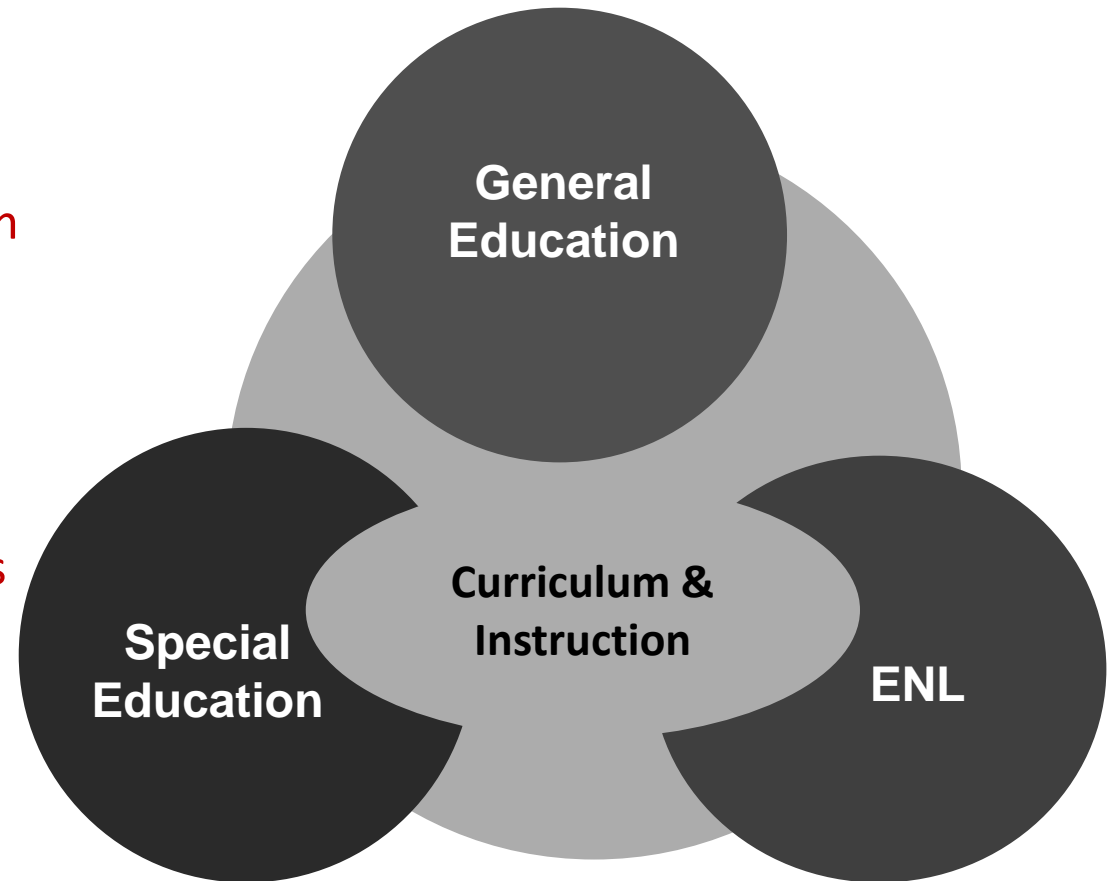


*Social and Emotional Learning*  
*“Educating The Whole Child”*

*December 12, 2018*

# Curriculum and Instruction ~ Our Beliefs ~

- Mastery vs. Coverage
- Teachers should have autonomy to teach their curriculum at a pace **based on the needs of the students in front of them.**
- Use data to make these instructional choices “Sachem Norms”
- District-created curriculum vs. canned programs
- Collaboration is key
- Students unpack own learning
- Equal Access
- Students can show you what they know in many ways
- **We teach for our students’ social, emotional, cognitive and academic growth**



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# *“Why does social-emotional learning matter?”*

- “A focus on these skills drives positive outcomes, behavioral outcomes, long-term outcomes, relationships with adults, and more engaged, interesting, emotionally supportive learning settings.”

~AASA-School Administrator Research Publication

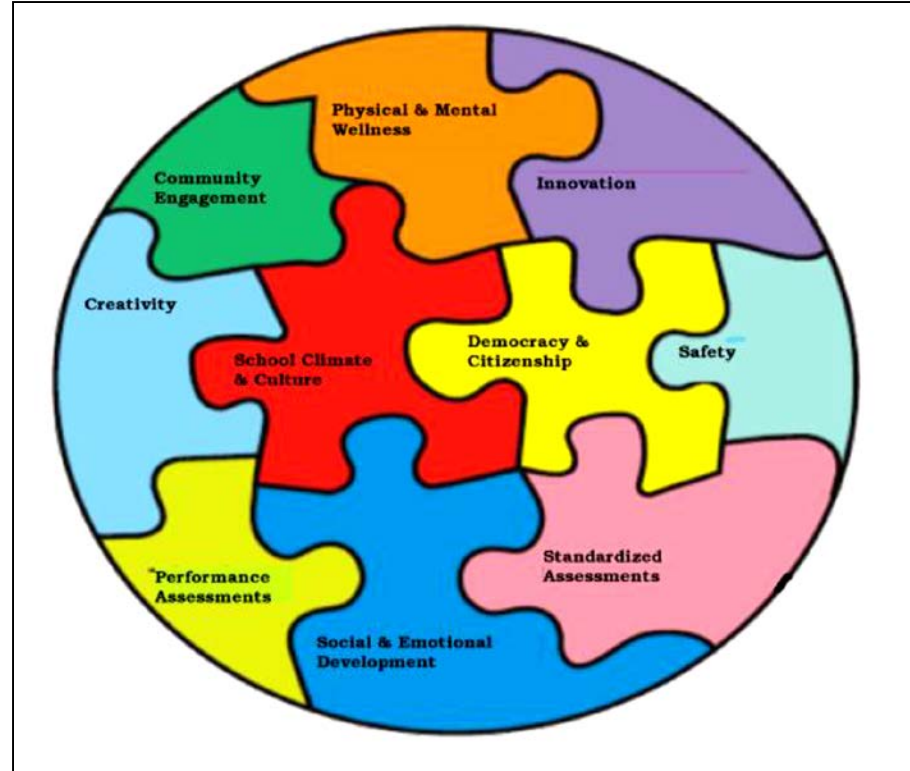


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# Overall:

Sachem School District ~ Social And Emotional Learning Goal



**BEGIN TO BUILD RELEVANT CURRICULUM &  
INSTRUCTIONAL EXPERIENCES TO DEVELOP  
SOCIAL & EMOTIONALLY  
INTELLIGENT CITIZENS K-12**

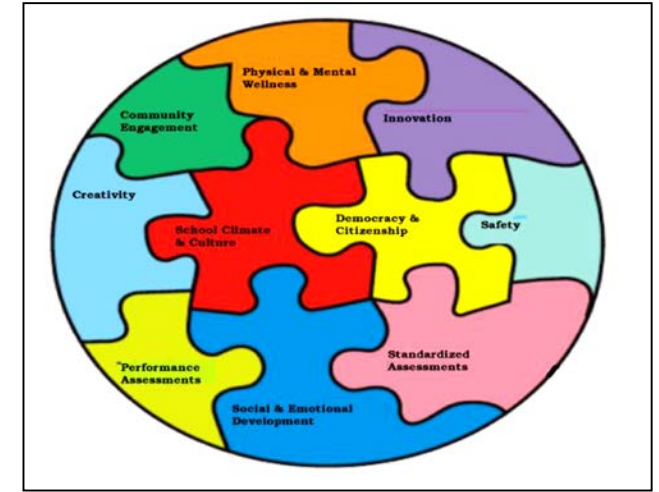
# Audit-Trends WE NOTICED



	What are we doing well	vs.	Areas of Improvement Needed
Curriculum & Programs	<ul style="list-style-type: none"> <li>Outreach to Parents/Students</li> <li>Mentoring Programs</li> </ul>		<ul style="list-style-type: none"> <li>Consistency throughout district</li> <li>Meeting Mandates</li> </ul>
Professional Development	<ul style="list-style-type: none"> <li>Diversity in offerings</li> </ul>		<ul style="list-style-type: none"> <li>Consistency across all departments</li> </ul>
Resources	<ul style="list-style-type: none"> <li>Support Staff</li> <li>Community Events</li> </ul>		<ul style="list-style-type: none"> <li>Pull out notifications</li> <li>Staff development</li> </ul>
Communication & Connections	<ul style="list-style-type: none"> <li>Round tables with Dr. Graham</li> <li>Connect Eds/District Emails &amp; class webpages</li> </ul>		<ul style="list-style-type: none"> <li>SPED stay at home school</li> <li>Transition resources</li> </ul>
District Goals & Building Goals	<ul style="list-style-type: none"> <li>Establishment &amp; Communication of Goals</li> </ul>		<ul style="list-style-type: none"> <li>Enforcement of Goals</li> </ul>
Data	<ul style="list-style-type: none"> <li>Suspension report is useful</li> <li>Data for Grant Writing</li> </ul>		<ul style="list-style-type: none"> <li>Purpose/How will data will be used</li> <li>Subjective</li> </ul>
Character Development	<ul style="list-style-type: none"> <li>Many programs in buildings</li> <li>Building expectations</li> </ul>		<ul style="list-style-type: none"> <li>Lack of skills development</li> <li>District/Building expectations-same?</li> </ul>

# Developing an Action Plan

1. K-12 SEL Audit: 2017-2018
  - Collect and analyze NYS level data on all SEL activities currently happening in the district. (Attendance, Suspension, etc.)
  - Curriculum audit of what is currently being taught in the classrooms, activities going on.
2. NYS K-12 Mental Health Education Standards: Begin 2018-2019
  - Create an updated SEL curriculum that incorporates both the District's *Whole Child Education* beliefs and *Project Based Learning* instructional practices.
  - Create a district-wide program of activities that supports SEL learning. Construct the program from activities currently occurring at our high schools. (**Challenge Day**) The districtwide program shall be sensitive to all developmental stages and populations.
3. Shared Valued Outcomes: 2018-2019
  - Connect the values outlined in the *Board of Education Goals* to the SEL curriculum as it is established.



# Additional Opportunities for Growth

- **LICEE**-Participation in a group of surrounding schools districts to discuss and investigate Equity and SEL practices. Best practice “Equity Walks” focused on SEL with Districts such as *South Country, Pat-Med, Riverhead, Smithtown and Connetquot*
- **Tri-State**-Participation in group of school districts across NYS to investigate “Bold Moves” for SEL and Instructional Practices



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# Who?

## Wellness Committee & Curriculum Team

### Wellness Committee

#### *Feedback Forum*

- Administrators
- Teachers/Staff
- Community Members
- Parents/Students

### Wellness Curriculum Team

#### *School Based Curriculum Work*

- DO Administrators
- Building Administrators
- Secondary Teachers
- Elementary Teachers
- Special Area Teachers
- Psychologists
- Social Workers
- Guidance Counselors
- Drug & Alcohol Counselors



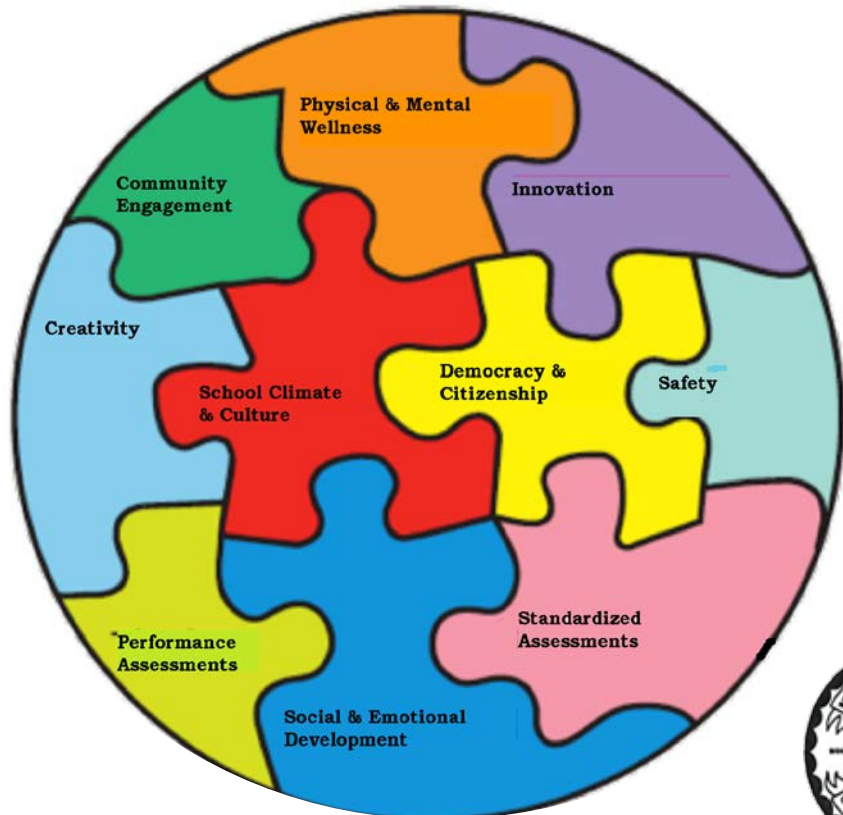
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# Connecting Chosen SEL Values to Sachem Success Indicators!

## Sachem Success Indicators



## Sachem SEL Values

- **Self Awareness**—Emotions, Confidence, Strengths
- **Social Awareness**—Empathy, Appreciating Diversity, Respect
- **Responsible Decision Making**—Safety, Reflection, Responsibility, Analyzing Situations
- **Self-Management**—Wellness, Stress Management, Goal Setting, Organization, Self Discipline
- **Relationship Skills**—Communication, Engagement, Relationship Building, Teamwork



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# Next Steps....

## District Level

- Expand on Project Based Learning K-12
- Curriculum Writing and Activity Expansion K-12
- Survey Students for Additional Feedback Grades 3-12
- Resource Purchases
- Professional Development K-12
- Digital Citizenship
- Streamline Family Connect Night
- Continued Community Workshops-
  - Social Media Practices, District Wellness Programs

## Building Level

- Expand on Activities
- Develop Wellness “Spaces”
- Implement Updated Curriculum and Resources
- Continue implementing PBL



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# A Physical Education and Health Curriculum ..

## Assist Students in Building Essential SEL Values:

- Understand and manage emotions
- Set and achieve positive goals
- Feel and show empathy for others
- Establish and maintain positive relationships
- Make responsible decisions



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# Sachem

## Physical Education and Health Department

### Present

- **Project Adventure**-Revitalized the program. (Trust Games, Cooperative Activities, Group and Individual Fitness Challenges)
- **Training** for PE Teachers and Updates to Equipment for Project Adventure
- **Summarized** all Activities Conducted in Buildings for PE and Health (See in Folder)
- **Co-Lead** on Wellness Committee

### Next Steps..

- **Expand** on Project Adventure type Activities-Bring back into Middle and Elementary Schools
- **Re-align** Health Curriculum to Incorporate Mental Health Standards
- **Create** a Sachem Elementary Health Program to Incorporate Sachem SEL Values
- **Updates** to Physical Education Curriculum to Incorporated Wellness Activities and Units (Examples-Yoga, Meditation, Swim Activities, Dance, etc.)



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# Secondary Schools Support SEL Values

## **It is Realized That Students Need to:**

- Take Breaks in Safe and Peaceful Environments Including Outdoor Spaces
- Have Time for Wellness Activities that Support Academic Growth
- Have Learning Spaces that are Conducive for Collaboration



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# High School

## Present

- **Challenge Day** Opportunities
- **Project Based Learning** Training
- **Flipped Classroom** Training
- **Mentoring** Programs
- **Freshman Academies**
- **“Bold Moves” & LICEE** Planning



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## Next Step Examples

- **SEL Teaching** Resources-Ex. *Lions Quest*
- **Tranquility** Spaces for Reflection
- **Mindfulness** Garden in Court Yard Areas
- **Music** vs. Bells
- **Student Lounge Areas** to Include Additional Activities: Ping Pong, Chess
- **Principal** 1:1 Sessions (Life Coaching, Thumbs Up Meetings)
- 8/9 **Student** Transition Meetings
- **Begin to Fully Implement** PBL & Flipped Classroom
- **Investigate Flexible** Seating
- **Begin to Implement** Yoga and Meditation

# Middle School

## Present

- **Project Based** Learning Training
- **6<sup>th</sup> Grade** Project Kindness
- **“Bold Moves” & LICEE** Planning
- **Yoga** Opportunities

## Next Steps Examples

- **Expand** to Grades 7 & 8 for Project Kindness and Lead Student Training
- **Create** a Project Adventure Opportunity
- **Realize Tranquility Spaces** for Reflection
- **Court Yard** Areas Re-Imagined
- **Music** vs. Bells
- **Student Lounge Areas** Realized
- 5/6 & 8/9 and ENL **Student** Transition Meetings
- **Begin** to Fully Implement PBL Flexible Seating
- **Expand** on Yoga and Meditation



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# Elementary Schools

## Present

- **Project Based Learning Training**
- **LICEE Planning**
- **Yoga & Meditation Opportunities**
- **Various Wellness Activities** such as *PS I Love you Day*
- **Parent Workshops/Faculty Meetings** for Social Media Awareness

## Next Step Examples

- **Project Kindness** for 5<sup>th</sup> Grade
- **Project Adventure** for Grades 4 & 5
- **Incorporate SEL Read-Aloud** and Small Group Texts into the Literacy Workshop
- **Investigate “Let it Grow”** Opportunities
- **Outdoor Classroom** Environments
- **Continued Parent Workshops/Faculty Meetings** for Social Media Awareness
- **Digital Citizenship** Resources





# Committee Meetings

- We will combine Curriculum Council and Wellness Committee on January 9, 2019 to give feedback on our work!
- Join us!



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Thank you for your support!

Questions?