



P.S. I LOVE YOU DAY SPIRIT WEEK

Students will participate in various activities that teach them how to promote kindness, overcome adversity and take a stand against bullying. All of these activities will lead up to P.S. I Love You Day on Friday, February 10th, where students will wear purple to show that they are loved and supported.

MONDAY, FEBRUARY 6TH

Assembly with Sachem North Peer Educators: Students will work on activities that focus on self-love and compassion.

P.S. I Love You Community Night at Cayuga (6-8:00 PM)



TUESDAY, FEBRUARY 7TH

Seasons of Feelings Mural: Stay tuned for our beautiful mural that reflects feelings of change and love for our Cayuga community.



WEDNESDAY, FEBRUARY 8TH

Links of Love: Cayuga students will reflect on what they love about themselves! Purple links will flood our hallways with love.



THURSDAY, FEBRUARY 9TH

We Get To: Wear your Dezy Apparel and sneakers! Ms. Stallone will teach us how dancing can be an excellent tool for coping.



FRIDAY, FEBRUARY 10TH

P.S. I Love You Day: Rock your Purple and feel the love! Wear purple apparel to celebrate the day. If you do not have purple, we encourage you to decorate a shirt with 100 hearts in honor of the 100th day of school!